

SWIMMING FEDERATION OF INDIA
 QUALIFYING TIME/STANDARD FOR SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2016

EVENTS - SWIMMING	MEN		WOMEN	
	1 ENTRY	2 ENTRY	1 ENTRY	2 ENTRY
50M Free Style	0.24.73	0.24.41	0.28.60	0.28.05
100m Free Style	0.55.37	0.53.59	1.03.05	1.01.01
200m Free Style	2.00.46	1.58.08	2.17.44	2.14.26
400m Free Style	4.15.32	4.12.46	4.56.88	4.43.17
800m Free Style	9.01.60	8.51.85	10.11.51	9.57.91
1500m Free Style	16.58.48	16.47.75	19.50.10	19.27.66
50m Back Stroke	0.29.13	0.28.04	0.33.81	0.31.96
100m Back Stroke	1.03.37	1.00.57	1.12.75	1.10.73
200m Back Stroke	2.17.14	2.14.66	2.36.13	2.33.91
50m Breast Stroke	0.31.60	0.30.57	0.37.76	0.37.13
100m Breast Stroke	1.08.37	1.06.65	1.21.43	1.20.83
200m Breast Stroke	2.28.03	2.24.38	2.57.65	2.54.42
50m Butterfly Stroke	0.26.40	0.26.08	0.30.67	0.30.13
100m Butterfly Stroke	0.59.13	0.58.26	1.08.74	1.06.90
200m Butterfly Stroke	2.14.92	2.12.56	2.43.16	2.35.90
200m Individual Medley	2.19.51	2.15.62	2.41.73	2.35.16
400m Individual Medley	5.00.17	4.50.40	5.49.83	5.29.59
4X100m Free Style Realy	3.52.49		4.40.33	
4X200m Free Style Relay	8.41.64		10.35.23	
4X100m Medley Realy	4.24.76		5.08.43	
4X50m Mixed Free Style Relay	2.02.87			
4X50m Mixed Medley Relay	2>20,06			
DIVING				
High Board	171,20	181,35	59,35	106,65
1mt Spring Board	180,05	197,50	102,90	104,95
3mt Spring Board	178,55	196,30	98,45	105,50